Enjoy a better life at home

In-home support can help you live independently for years longer in your own home

1300 ASSIST
(1300 277 478)

lifeassist.org.au

Ready to assist someone you love

Dad isn’t ready to go into a nursing home. He only needs a little help around the house.

Mum has found it hard to manage in the house since Dad passed away... I’m worried for her.

Dad looks after Mum, but now he needs to go to hospital...

Who will check in on Mum when I go on holidays?

Grandpa has a government funded package but there are some things it doesn’t cover...

Who will check in on Mum when I go on holidays?

Ready to assist you

I’m getting unsteady on my feet... what will happen to me if I have a fall?

It is just so much harder to look after everything now I’m on my own.

My kids are busy with their own families, so I don’t want to ask them for help.

I don’t drive much these days, so getting around is difficult, especially when I go shopping.

How will I manage at home while I recover from my operation?

My life Assist

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When faced with making decisions about aged care, most people leave it too late. By the time they start looking at their options they are already at a crisis point. They end up making important decisions without having much time to assess their options.

mylifeAssist consultants can help you anticipate difficult decisions and relieve the stress on your family. We have a range of options to match you with a solution which is tailor-made for your situation, and which evolves as your needs change.

Immediate service with no waiting period or eligibility requirements.

Short-term or long-term support for:
- Those who don’t qualify for government funded support, are waiting for support packages or need to ‘top up’ their support package
- Those who need short-term assistance after a fall, illness, accident or medical procedure
- Older people who are concerned about their reliance on family, friends or neighbours
- Busy families in need of some extra help caring for their older parents
- Short-term care of a loved one.

Choose from a wide range of mylifeAssist services including:
- Total care co-ordination, if you wish, we can arrange everything
- Goal setting, needs assessment and care planning for present and future needs
- Personal care, meals, transport
- Domestic assistance, gardening, pet support
- Nursing, allied health and hospital liaison
- Overnight stay, 24 hour and respite care

Who can use mylifeAssist?
- Anyone who only needs a little regular or short-term help, or do not feel they need a full government support package, or
- Anyone who does not qualify for funded support, or who may need more services to ‘top up’ their support packages
- Family, friends or carers who need some outside help to care for someone
- Busy families or those who don’t live close to someone who needs help around the home
- People with ageing parents or spouse or older parents of adult children with a disability

Who are we?
UnitingCare lifeAssist has been assisting vulnerable and disadvantaged people, as well as their carers and families, since 1987.

We assist people in achieving their goals to live the life they choose, living happily and productively in their own homes and communities.

At lifeAssist we are committed to providing the support which suits the needs of every individual, for anyone who needs assistance, either for themselves or someone close.

If your situation is better suited to government funded services, we can help you access these.

If you’re reluctant to travel because you are worried about someone at home, we can help by looking in on your loved one, or being on standby in case something happens while you are away.

*Until mid-2014 we were known as UnitingCare Community Options (UCCO).*