



# Support Coordination

Making your NDIS plan real

# You've waited a long time for the National Disability Insurance Scheme and now you've got an NDIS plan.

**Congratulations on making it to this point. You're ready to make your plan real and UnitingCare lifeAssist can connect you to services so you can get on with life.**

We understand that you want to:

- get your plan set up easily and quickly
- have someone meet with you to understand your expectations
- make the most of your plan
- ask questions and talk to someone about your hopes
- find services and community supports that are right for you
- feel confident and capable to coordinate your supports in future.

## Why choose lifeAssist?

We're not afraid to build your skills so you can access services and supports for yourself, even if it means you won't need us anymore. We're here to support you to make the most of your plan so you can get on with your life and work towards achieving your goals. If your needs change, or you need further assistance, we welcome the opportunity to work with you again anytime you need.

As a member of your community in the heart of Melbourne's north east, we know a range of local services across the disability, health and community sectors.

Most importantly, we are committed to empowering you to make decisions about the services and supports you receive, giving you choice and control over your life.

# Experience the difference with UnitingCare lifeAssist

## We know the NDIS.

Our team has a track record of supporting people with disability to achieve their NDIS goals. We make it our business to understand your situation to ensure you access the right services and specialists.

lifeAssist is committed to making the most of your NDIS plan.

We start by getting to know you at a face-to-face meeting at a time and location that suits you.

From there, we'll work in partnership with you to:

- access and understand your NDIS plan
- create a myGov account on the internet and use your NDIS activation code to start your plan
- provide access to a computer and the internet if you don't have one
- develop actions to achieve your goals
- find providers who offer value for money and quality services
- connect to services and develop service agreements

- build your confidence to self-manage supports in the future
- turn your goals into outcomes.

If you require more intensive support our experienced staff can work with you and your support network to:

- coordinate your supports from a range of mainstream and disability providers
- increase your capability to coordinate services
- resolve issues during times of crisis, and
- build your ability to overcome challenges independently in the future.

We have seen that an NDIS plan works really well when all of your services work together with the guidance of an experienced Support Coordinator who sees the big picture.



## Contact us

Contact us to discuss your needs and how we can assist you to achieve your goals.

**Phone:** 1300 277 478 and ask for the NDIS team

**Email:** [ndis@lifeassist.org.au](mailto:ndis@lifeassist.org.au)

**Address:** Visit us by appointment at the Epping Community Hub, 713 High Street Epping



UnitingCare lifeAssist is one of the founding agencies of Uniting (Victoria/Tasmania) and is a registered NDIS provider.